

# INTERNATIONAL SWIM GROUPS: LIFE TIME MINNEAPOLIS TRIATHLON 2011

All AMATEURS with race numbers 400+ will start in a Time Trial format with individual athletes taking off every three (3) seconds.

***Please report to the start area 10 minutes prior to your scheduled start time.***

Race Bib #	Wave #	Group Name	Approx. Start Time
1M-30M	1	Pro Women	7:00 AM
1F-30F	2	Pro Men	7:11 AM
101-120	3	Corporate Charity Challenge	7:12 AM
121-150	4	Elite Men	7:14 AM
154-199	5	Elite Women, Elite Master M&W	7:15 AM
200-231	6	Clydesdale 16-39	7:16 AM
232-252	7	Clydesdale 40+	7:17 AM
260-280	8	Athena	7:18 AM
340-365	9	International Male Relay	7:19 AM
370-385	10	International Female Relay	7:20 AM
301-335	11	International Coed Relay	7:21 AM
400-419	12	International Men & Women 60+	7:22 AM
420-439	13	International Men 20-24	7:22 AM
440-459	14	International Women 20-24	7:24 AM
460-514	15	International Men 50-54	7:25 AM
515-531	16	International Women 50-54	7:27 AM
535-554	17	International Men & Women 12-19	7:28 AM
555-675	18	International Men 30-34	7:29 AM
676-739	19	International Women 30-34	7:35 AM
740-838	20	International Men 40-44	7:39 AM
840-895	21	International Women 40-44	7:43 AM
900-1029	22	International Men 35-39	7:46 AM
1030-1074	23	International Women 35-39	7:53 AM
1075-1099	24	International Men 55-59	7:55 AM
1100-1109	25	International Women 55-59	7:56 AM
1110-1189	26	International Men 25-29	7:57 AM
1190-1244	27	International Women 25-29	8:01 AM
1245-1329	28	International Men 45-49	8:04 AM
1330-1399	29	International Women 45-49	8:08 AM

***LAST LONG COURSE ENTRY***

***8:08 AM***

